24th National Conference of Indian Menopause Society
15th - 17th February, 2019
ITC Sonar, Kolkata

www.imscon2019.com
It is most befitting that IMSCON 2019 is being organized by the Kolkata Menopause Society in collaboration with The Bengal Obstetric and Gynaecological Society from 15th - 17th February, 2019 in the city of passion and perseverance... Kolkata. It is our privilege to invite all our dear fellows and friends to join the deliberations at IMSCON 2019. “Menopause... a new mindset” is the overarching theme of the conference, a pertinent context in today’s healthcare scenario and Indian perspective. Mindset is the will to pursue a dream. As clinicians we can humbly emulate this spirit and spread our yearning to take up this issue at a social level and fight it out involving the entire humanity. The need of the hour for every practicing doctor is to have a sound knowledge and keep abreast of the latest developments in the field. We hope to cater to all the aspects of the field to satisfy the scientific appetite of the delegates through extensive scientific deliberations and skill enhancement workshops. There is no doubt that IMSCON 2019 is set to be a landmark IMSCON in the highest scientific order, with a holistic approach towards public awareness and welfare.

We are eagerly waiting to welcome you and your family to this grand academic, culinary, cultural and shopping extravaganza and looking forward to every opportunity to make your participation an enjoyable and memorable one.

Regards
Team IMSCON 2019
Kolkata

Let’s Meet at
ITC SONAR, KOLKATA
Address: J. B. S. Haldane Avenue (Opp. Science City)
Kolkata 700046
Netaji Subhas Chandra Base Intl. Airport: 14.6 km away
Howrah Station: 14.8 km away
Website: www.itchotels.in
**ORGANIZING CHAIRPERSON**
Dr. Ratnabali Chakraborty
Dr. Kalidas Bakshi
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Dr. Alakendu Chatterjee
Dr. Mumtaz Sanghamita
Dr. P. Das Mahapatra

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Dr. Samita Mukherjee

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Dr. Chandrima Jot Roy
Dr. Barnali Ghosh

**SECRETARY**
Dr. Dipanwita Sen
Dr. Sunipa Chatterjee
Dr. Priyanka Pipara

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**Team Kolkata**
### Join Us

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<td>INR 10,030</td>
<td>INR 12,500</td>
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<td>INR 5,900</td>
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**Residential Package** *(Conference Registration + Accommodation)*

<table>
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<th>Check-in: 14:00, 15th Feb. 2019</th>
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### Accommodation

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<td>De Sovrani</td>
<td>INR 5,000</td>
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*Inclusive of all taxes*

**REGISTRATION INCLUSIONS**

- IMPART Master Class
- Cosmetology in 40+ Women Workshop
- Presidential Dinner on 16th Feb. 2019
- Conference Kit
- Entry to Halls & Exhibition
- All Conference Lunches
- Tea/Coffee at venue
PAYMENT INSTRUCTION
Pay Online
@ www imscon2019.com
and NET BANKING

Pay Offline
via CHEQUE/DD
Cheque/DD should be made in favor of IMSCON 2019, payable at Kolkata
The same should be posted to the address, mentioned below -
IMSCON 2019 Conference Secretariat
c/o RUEDA
DL 220, Sector II, Salt Lake,
Kolkata 700091

WIRE TRANSFER
NEFT/RTGS will be accepted
Bank Details
Account Name: IMSCON 2019
Account Number: 60302244733
Bank Name: Bank Of Maharashtra
Branch Address: BE 84, Sector I, Salt Lake,
Kolkata 700064
IFSC Code: MAHB0001181

CASH PAYMENT
Payment can be sent by money order to
the IMSCON 2019
Conference Secretariat.
Direct deposition will not be accepted.

For Terms & Conditions and Cancellation & Refund Policy, please visit conference website.
For any assistance or query, please write to registration@imscon2019.com or call at 033 4001 5677.

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Zoom In

SKILL ENHANCING WORKSHOP
14:00 Onwards | 15th February, 2019
COSMETOLOGY in 40+ WOMEN

MASTER CLASS
09:00 - 13:15 | 15th February, 2019
IMPART
impacting excellence in execution
(The International Menopause Society Professional Activity for Refresher Training Course for both family doctors & medical specialists)

CIMP EXAM
Credentialed IMS Menopause Practitioner Exam
14:00 - 16:00 | 15th February, 2019
For details, please visit
www.indianmenopauseusesociety.org

MOOT COURT
09:30 - 10:30 | 17th February, 2019
MEDICO-LEGAL ISSUES
- to be performed by Nagpur Doctors’ Team

PUBLIC AWARENESS PROGRAM
14:00 - 16:00 | 15th February, 2019
YOGA - rekindle soul
MEDITATION - rejuvenate body
DIET - Daily Belly...make it fresh, flame-less

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IMS QUIZ
Prelims - 11:00 - 12:00 | 16th February, 2019
Finale - 09:00 - 09:40 | 17th February, 2019

MENOPAUSE REVISITED

PRESIDENTIAL DINNER
20:40 onwards | 16th February, 2019

AWARDS

THE VICTOR
on the button
3 PG Quiz Awards

DOMINUS
in debate
3 Debate Awards

THE PAPER
top of the line
3 Free Paper Awards

THE POSTER
top of the line
3 Poster Awards

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## Stirring Sessions

### 15TH FEBRUARY | FRIDAY

<table>
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<th>TIME</th>
<th>HALL A</th>
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<tr>
<td>09:00 - 13:15</td>
<td><strong>MASTER CLASS - IMPART</strong></td>
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<tr>
<td>10 min</td>
<td>Welcome &amp; Introduction</td>
<td></td>
<td>- Prof. Susan Davis</td>
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<tr>
<td>30 min</td>
<td>Update on the Physiology of the Menopause Transition</td>
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<td>- Prof. Susan Davis</td>
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<tr>
<td>30 min</td>
<td>Peri- &amp; Post-menopausal Bleeding: What is Normal &amp; What is Not?</td>
<td>- Prof. Steven R. Goldstein</td>
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<tr>
<td>30 min</td>
<td>Case Presentation &amp; Discussion</td>
<td></td>
<td>- MODERATOR: Prof. Nicholas Panay</td>
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<tr>
<td>30 min</td>
<td>Menopause &amp; its Consequences</td>
<td></td>
<td>- Dr. Duru Shah</td>
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<tr>
<td>30 min</td>
<td>Menopausal Hormone Therapy - Review of Regimens &amp; New Treatment Options</td>
<td>- Prof. Susan Davis</td>
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<tr>
<td>40 min</td>
<td>Risks &amp; Benefits of Treatments for Menopausal Problems</td>
<td>- Prof. Nicholas Panay</td>
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<tr>
<td>40 min</td>
<td>Case Presentation &amp; Discussion</td>
<td></td>
<td>- MODERATOR: Prof. Steven R. Goldstein</td>
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<tr>
<td>05 min</td>
<td>Conclusion</td>
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<td>- Prof. Susan Davis</td>
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<td>13:15 - 14:00</td>
<td><strong>LUNCH BREAK</strong></td>
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<tr>
<td>14:00 - 16:00</td>
<td><strong>WORKSHOP</strong></td>
<td><strong>PUBLIC AWARENESS PROGRAM</strong></td>
<td><strong>GOVERNING COUNCIL MEETING</strong></td>
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<tr>
<td></td>
<td>Cosmetology in 40+ Women</td>
<td>Yoga and Meditation</td>
<td>[GCM] III '18 : '19</td>
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<tr>
<td>16:30 - 17:30</td>
<td><strong>INAUGURATION</strong></td>
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<td>17:30 - 18:30</td>
<td><strong>HIGH TEA</strong></td>
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<td>20:00 onwards</td>
<td><strong>FACULTY DINNER</strong></td>
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<tr>
<td><strong>CIMP EXAM</strong></td>
<td><strong>14:00 - 16:00</strong></td>
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<tr>
<td>09:00 - 09:30</td>
<td>COUNTRY SYMPOSIUM - Bangladesh</td>
<td>COUNTRY SYMPOSIUM - Sri Lanka</td>
<td>STATE CHAPTER SYMPOSIUM</td>
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<tr>
<td>30 min</td>
<td>PANEL DISCUSSION - Genitourinary Syndrome of Menopause (GSM)</td>
<td>Update on the Pharmacological Actions of Novel Non-hormonal Therapies for Hot Flushes</td>
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<tr>
<td>09:35 - 10:35</td>
<td><strong>FACE-OFF 1</strong></td>
<td><strong>FACE-OFF 2</strong></td>
<td>FREE PAPER</td>
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<tr>
<td>20 min</td>
<td>Ovary is Luxury after Menopause</td>
<td>Testosterone is Effective Treatment in FSIAAD</td>
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<tr>
<td>20 min</td>
<td>Mammography should be Mandatory in 45+ Women</td>
<td>Cardiovascular Accidents Increase after Menopause</td>
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<tr>
<td>20 min</td>
<td>Local Estrogen is the Keystone in the Treatment of Urogenital Atrophy</td>
<td>Hormone Therapy</td>
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<tr>
<td>10:40 - 11:20</td>
<td><strong>SYMPOSIUM 1 - Get Scratch for Every Itch!</strong></td>
<td>Estrogen is Effective Therapy in Prevention of Dementia</td>
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<tr>
<td>10 min</td>
<td>Atrophic Vaginitis</td>
<td>Depression, Anxiety</td>
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<td>10 min</td>
<td>Fungal Infection</td>
<td>Vertigo, Loss of Balance</td>
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<td>10 min</td>
<td>White Lesion of Vulva</td>
<td>Loss of Libido</td>
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<td>10 min</td>
<td>Discussion</td>
<td>Discussion</td>
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<tr>
<td>11:25 - 12:05</td>
<td><strong>GUEST LECTURE 2</strong></td>
<td><strong>SYMPOSIUM 3 - To Skip? or to Keep Abreast?</strong></td>
<td><strong>SYMPOSIUM 4 - Mixed Bag... Stop to Step in</strong></td>
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<tr>
<td>15 min</td>
<td>Is Menopause an Ageing Process?</td>
<td>10 min Mastalgia</td>
<td>10 min Osteoporosis - How to Combat -</td>
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<tr>
<td>15 min</td>
<td>Premature Ovarian Insufficiency Registry</td>
<td>10 min Benign Lesion of Breasts</td>
<td>An Indian Strategy</td>
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<td>10 min</td>
<td>Discussion</td>
<td>10 min Breast Screening Protocol</td>
<td>10 min DVT &amp; HRT - Breaking the Myth</td>
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<tr>
<td>12:10 - 12:50</td>
<td><strong>BRAINSTORMING HOUR 1</strong></td>
<td><strong>BRAINSTORMING HOUR 2</strong></td>
<td><strong>SYMPOSIUM 5 - Simple is Significant</strong></td>
</tr>
<tr>
<td>40 min</td>
<td>Pelvic Floor Puzzle</td>
<td>Abnormal Uterine Bleeding</td>
<td>Simple Solution to Prescription Writing</td>
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### 13th February | Saturday

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<tr>
<td>13:00 - 14:00</td>
<td><strong>DR. DURU SHAH ORATION</strong></td>
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<tr>
<td>(10 + 45 + 5)</td>
<td>Midlife: A Crisis or Wholesome Ageing? - Dr. Jyothi Unni</td>
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<td>14:00 - 14:30</td>
<td><em>LUNCH BREAK &amp; POSTER PRESENTATION</em></td>
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<td>14:30 - 16:30</td>
<td><strong>INTERNATIONAL MENOPAUSE SOCIETY SYMPOSIUM</strong> - Challenging Issues in Postmenopausal Care</td>
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<tr>
<td>40 min</td>
<td>Alternatives to Sex Steroid Therapy for Menopause Symptoms - Prof. Nicholas Panay</td>
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<tr>
<td>40 min</td>
<td>When &amp; How to Investigate Postmenopausal Bleeding - Prof. Steven R. Goldstein</td>
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<td>40 min</td>
<td>Androgen Therapy: Who, When &amp; How? - Prof. Susan Davis</td>
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<td>16:35 - 17:15</td>
<td><strong>DR. SHOBHA GHOSH ORATION</strong></td>
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<td>(10 + 25 + 5)</td>
<td>Women's Right in Asia &amp; Elsewhere: A Fact or An Illusion? - Dr. Duru Shah</td>
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<tr>
<td>17:30 - 18:30</td>
<td><strong>ANNUAL GENERAL MEETING (AGM) '18 - '19</strong></td>
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**IMS QUIZ - PRELIMS**

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<tr>
<td>11:00 - 12:00</td>
<td><strong>GOVERNING COUNCIL MEETING [GCM] '19 - '20</strong></td>
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**17th February | Sunday**

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<tr>
<td>09:00 - 09:40</td>
<td><strong>IMS QUIZ - FINALE</strong> - Menopause Revisited</td>
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<td>09:45 - 10:25</td>
<td><strong>SYMPOSIUM 6</strong> - Fertility after 40</td>
<td><strong>INDUSTRY SYMPOSIUM</strong></td>
<td><strong>SYMPOSIUM 7</strong> - <em>No Sex</em> is an Ex</td>
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<td>40 min</td>
<td>Management of Poor Ovarian Response after 40</td>
<td>Thyroid Disorders in 40+ Women</td>
<td>Management of Testosterone Deficiency in</td>
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<td></td>
<td>How to Improve Embryo Implantation after 40</td>
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<td>Female &amp; Male</td>
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<td>Discussion</td>
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<td>10:30 - 11:00</td>
<td><strong>GERIATRIC SOCIETY SYMPOSIUM</strong> -</td>
<td><strong>DIABETES ASSOCIATION OF INDIA SYMPOSIUM</strong></td>
<td><strong>SOCIETY SYMPOSIUM</strong> - Society Of Cardiology</td>
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<td>It's a Little More Complicated than</td>
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<td>'Simply a Pain'</td>
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<td>10 min</td>
<td>Osteoarthritis</td>
<td>30 min</td>
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<td>10 min</td>
<td>Sarcopenia</td>
<td>PANEL DISCUSSION - Diabetes</td>
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<td>10 min</td>
<td>Urinary Incontinence</td>
<td>Management in 40+ Women - An Update</td>
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<td>10 min</td>
<td>Discussion</td>
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<td>11:00 - 11:15</td>
<td>TEA BREAK</td>
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<tr>
<td>11:15 - 11:55</td>
<td><strong>DR. TARUN BANERJEE ORATION</strong></td>
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<tr>
<td>(10 + 25 + 5)</td>
<td>Advances in Postmenopausal Osteoporosis -</td>
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<td>Dr. Ambrish Mithal</td>
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<td>12:00 - 13:00</td>
<td><strong>DR. BEHRAM ANKLESARIA - SAFOMS SYMPOSIUM</strong></td>
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<td>13:05 - 13:45</td>
<td><strong>VALEDICTORY</strong></td>
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<td><strong>LUNCH</strong></td>
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**MOOT COURT**

Medico-legal Issues | 09.30 - 10.30 | Hall D

*Scientific program is subject to change.
For any further update, please visit www.imcon2019.com
Abstract
Guidelines
IMS CON 2019

CONTENT SPECIFICATIONS
Topic: Menopause... A New Mindset (Related to 40+ Women’s Health – Recent Advances in Management)
Structure: Abstracts should be structured under the given headings:
- Title
- Background & Aim
- Material & Method
- Result
- Conclusion

CASE STUDY
- Abstracts should be structured under the given headings:
- Title
- Case Description
- Result

Word count: within 300 words (excluding the title)
Title: limited to 25-30 words. Don’t put full stop (.) at the end of the title.
Language: English, clear and concise
Abstract title, author, co-author, presenter and affiliation details must NOT be inserted in the Content field (should contain the SCIENTIFIC CONTENT ONLY).
Please proofread the abstract for spelling and grammar before submitting it.
No images, graphs, references or illustrations are allowed.
Use numerals to indicate number, except to begin sentences.
Standard abbreviations are acceptable. Uncommon abbreviations must be put in parentheses and preceded by the full word the first time it appears in the text.

Responsibilities of the authors include
The data presented should be original work of the author and have not been plagiarized from any other source.
The scientific method(s) must be sound and result(s) or outcome(s) should be mentioned in the abstract.
Plans for work without evidences or results do not usually constitute an adequate abstract.
Avoid personal criticisms of individuals in the abstract. Criticism should be restricted to the scientific contents, based on evidences.

Any of the following will make an abstract ineligible for presentation at the conference
If the scientific work was published in any format in any national or international journals before or having been accepted for publication before the abstract submission closing date.
If the presentation has been delivered before in any format in any previous scientific meets.

Submission is OPEN

TIMELINE
15th January, 2019
Last Date of Abstract Submission/Abstract Revision
22nd January, 2019
Acceptance Notification will be Sent
30th January, 2019
Presentation Guidelines will be Sent
**SUBMISSION SPECIFICATIONS**

Only Online Submitted Abstracts will be accepted. One can submit more than one abstracts.

To submit, Unregistered one can click on ‘Submit Now’ on the website abstract page and Registered delegates should log in to their IMSCON 2019 profile.

A submitter must be one of the author(s) or co-author(s).

Only a registered delegate can present a paper/e-poster. The Presenter must register for the conference prior to his/her presentation.

A Presenter must be one of the author(s) or co-authors. In case of exception, the scientific committee should be informed in well advance.

All correspondences will be mailed to the Presenter only.

Abstract must comply with all the specified guidelines. Late submissions will not be accepted.

**Submitters should strictly maintain the following while providing their contact details**

Author and co-author details - Full name, affiliation details such as department, institution/hospital, city, state, country & contact details should be mentioned properly so that the scientific committee can get you in case.

**All abstract submitters are hereby requested to go through the following carefully**

Submission of the abstract signifies the author’s consent to publish (in case) the same as a part of IMSCON 2019 proceedings.

The scientific committee also reserves the right to reproduce the abstracts/presentations made in the conference in print or electronic media.

**ABSTRACT REVISION**

Submitted abstracts can be edited or revised online only. Please log in to your IMSCON 2019 profile for the same. Please avoid the resubmission of same abstract.

**UNREGISTERED SUBMITTERS**

To register for the conference, please log in to your IMSCON 2019 profile and get registered.

Do not create a different profile for conference registration.

**REVIEW SPECIFICATIONS**

The abstracts will be reviewed online by experts’ panel through an unbiased, blinded selection process.

This is the reason that the content area must NOT contain the author, co-author, presenter and affiliation details. Reviewers will be able to see only the title and the content.

Once selected, the Presenters of the selected abstracts will be informed accordingly via e-mail.

An abstract, selected, will be considered for only one presentation: either oral or e-poster.

The same will be specified in the same e-mail confirming the selection of abstract.

Selection of abstracts will be on merit. The scientific committee holds the sole right to accept or reject abstracts, to assign those on oral platform or e-poster presentation and to decide on the final slot allocation.

**An abstract can be rejected if**

If it remains incomplete.

If it does not comply with all these guidelines.

If it is not having expected scientific merit.

For any assistance or query, please write to secretariat@imsccon2019.com or call at 033 4001 5677.
Contact

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